




Military psychology: Clinical and operational applications.

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Citation

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Abstract

Military psychology is defined as the science and application of human behavior as it relates to the military. The current text integrates the professional and scientific literature with the practical aspects of the field in order to provide a comprehensive understanding of the psychological needs of the military and its personnel. This book was written specifically to bring together two major areas of the field: clinical applications and operational psychology. In Part I, Clinical Practice in the Military, the clinical aspects of military psychology are presented, with a focus on assessment, diagnosis, and health interventions. This area of military psychology may be viewed as more traditional, in terms of content and scope, but it has also undergone a marked refinement over the last 15 years. Part II, Operational Psychology, is related to the operational side of military psychology and addresses special procedures and populations. Much of the information and thinking in this part has been developed recently, in order to cope with the novel demands that are now placed on a modern military. *Military Psychology* introduces health practitioners and students to psychological information relevant to the armed forces, the law enforcement setting, and the intelligence and national security communities. To facilitate a dynamic understanding of the field, the text emphasizes an integration of applications and theory, process, case examples, and research. When approached from this perspective, the military mental health practitioner is seen as a problem solver and a psychologist, as well as a fully operational military service member. In this sense, this book challenges the reader to examine the field of military psychology as a framework for behavior. (PsycInfo Database Record (c) 2020 APA, all rights reserved)